

FCS Skill-a-Thon Contest

In the FCS Skill-a-thon, members will identify materials, equipment and techniques in the areas of Foods and Cooking, Clothing and Sewing, and Housing and Interior Design.

Eligibility:

- 4-H members must have passed their 14th birthday and be no older than 18 as of midnight, December 31, of the previous year.
- Each county may enter only one team. Team members who won the contest cannot return to compete again as a team.
- Individuals may enter the contest and complete for individual awards.
- Teams: Each County or region is responsible for determining who will participate in the state contest. Each county or region may enter one team of up to four qualified members.
- Competition: If there is only one individual/team is entered at the state contests, the team must answer at least 80 percent of the total points available to represent Colorado at the 4-H FCS Championship and Conference in San Antonio, Texas.

FCS Skill-a-thon Contest Rules:

- FCS Skill-a-thon Classes will be judged by 3 or 4 person teams. On a four-person team, the lowest overall score is considered a drop score and that person will automatically become the alternate. Team score is a combination of the top three scores on the four individual events, plus the Life Skills Assessment Team event. Individual rank is based on scores from the four individual events.
- Classes and Activities to be Completed:
 - Sewing/Clothing related ID: (50 possible points) Identify from a provided list of fabric, fasteners, seams, design/cut, and other items related to apparel, fashion design, and/or sewing. Contestants will have 15 minutes to identify 25 items.
 - Interior Design/Housing related ID: (50 possible points) Identify from a provided list of decorating technique, colors, patterns, design elements and/or layouts. Contestants will have 15 minutes to identify 25 items.
 - Food/Cooking related ID: (50 possible points) Identify from a provided list of appliances, utensils, spices, herbs and/or other food related item. Contestants will have 15 minutes to identify 25 items.
 - A 25-question test that will include identification and definitions on all study materials
 - Life Skills Assessment (To be completed as a team. 60 points possible) Each team will orally complete a response to one brief scenario. Scenarios will deal with basic life skills such as: Childproofing Your Home, Dining Out, Interview Dress, Lunch or Meal Etiquette, Managing Money, Meeting and Greeting, Professional Dress, Prom Planning, Resume Cover Letters, Selecting a Venue & Job Interviews. Teams will have 10 minutes to prepare the response and 5 minutes for the oral presentation. Questions (scenarios) will come from the Life Skills Assessment Study Materials found on the FCS Championship and Conference website (<https://texas4-h.tamu.edu/events/FCS/>).

Awards:

- Individual Awards – The top five (5) individuals will be recognized with awards
- Team Awards – The top three (3) teams will be recognized with awards for Life Skills Assessment and overall team placings.
- The first-place team is eligible to represent Colorado at the FCS Championship and Conference in San Antonio, Texas.

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