



**COLORADO STATE UNIVERSITY
EXTENSION**

Self-Determined

Project units are designed for members 8-18 years old.

The Self-Determined project enables you to design your own project. This may be a more advanced phase of an existing project or in an area where no project exists.

Objectives include:

- Developing resourcefulness and creativity
- Enabling selection of a topic of interest where no unit exists
- Providing experience in goal setting and decision making regarding your own interests and needs
- Assuming responsibility for your own decisions
- Determining the relationship between project experience and application of life skills



Project Steps:

1. Select a topic.
2. Define the topic.
3. Develop your plan of action.
4. Carry out your plan.
5. Evaluation of how it all went.
6. Exhibit your project through a demonstration or display.

Self-Determined

Tips:

- Chose a topic of interest to you, that you would like to do research or experimentation on, or something you want to learn about.
- Design your program with your talents and interests in mind.
- Plan how you will measure your success and achieve your desired result. Think about the life skills you are focusing on.
- Organize your action plan and figure out who can mentor you or help you learn along the way.



Exhibit Information:

Your exhibit should include the following things.

- A written description of your goals, objectives, action plan, accomplishments and evaluation of the results. You may use pictures or any records you kept.
- A self report of developed or enhanced life skills including the identified life skill, how the project helped develop and enhance the life skill, and how it will be used in another situation
- Optional: An article or item made as a part of your project displayed publicly (school, fair, etc...)



Resources:

- Exhibit & Judging Requirements
- Record Books
- Manual Information

Located at: Colorado4h.org