



COLORADO STATE UNIVERSITY
EXTENSION

Heritage Arts

Project units are designed for members 8-18 years old.

Crochet

Inspiring youth to:

- Create a crochet item that connects you to the past
 - Unit 1 - Learn about the history of crochet, use single crochet stitch
 - Unit 2 - Learn about yarn substitution, add half double, double, treble, or color work skills
 - Unit 3 - Learn about blocking and finishing, utilize any stitch type
 - Gain skills that might lead to a home-based business
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Knitting

Inspiring youth to:

- Create a knitted item that connects you to the past
 - Unit 1 - Learn about the history of knitting, Stockinette and/or Garter stitch
 - Unit 2 - Learn about yarn substitution, add lace, cable, or color work skills
 - Unit 3 - Learn about blocking and finishing, utilize any stitch type
 - Gain skills that might lead to a home-based business
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Fiber and Non-fiber

Inspiring youth to:

- Learn about the history of the fiber or non-fiber chosen
 - Create an item that connects you to the past
 - Learn about the historic influence that the fiber has had
 - Gain skills that might lead to a home-based business
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Quilting

Inspiring youth to:

- Learn about the history of quilting
 - Create a quilted item that connects you to the past
 - Learn about the historic influence that quilted items have had
 - Gain skills that might lead to a home-based business
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Heritage Arts

Tips:

- Write a history of the craft you learned and a story of your personal experience in this project. References are required: Juniors (8-10) one or two references, Intermediates (11-13) two or three references, Seniors (14 and older) three or more references.
- All of the work must be done by the member, but you may have someone help you use the quilting machine.
- You are responsible for finding someone to teach you techniques that you are not familiar with such as a commercial businesses that offers classes or libraries and the internet.
- Intermediate and senior members are expected to include more skills and more difficult techniques than junior members.
- A small exhibit, done well, is better than a large project done poorly.
- Crochet and Knitting exhibits need to include the gauge that was used for the exhibit on the item and in the e-record.
- Quilting label should include the stitches per inch.
- Have fun with the 4-H story section of the e-record.



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Resources:

- Exhibit & Judging Requirements
- Record Books
- Manual Information

Located at: Colorado4h.org



**Beyond
Ready**

Heritage Arts Industry Careers



Regulation

Help prevent illegal or contraband items from entering or leaving the United States



Crops/ Animal Researcher

Research and improve crop and animal production; improve raw product for the heritage arts industry



Seamstress

Sew different items at a variety of levels to create different products and provide repair



Retail & Sales

Work with the retail industry to aid with purchasing items or through store ownership



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Degrees/Certifications:

Bachelor's of Art
History Degree
Human Resources
Animal Science
Fashion & Textile
Textile History
Textile Science
Economics
Pattern Drafting
Tourism



Design

Create heritage art items and follow trends to provide customers with products that are functional, comfortable and fashionable



Education

Teach others about heritage arts in a variety of applications and learning environments



Manufacturing/ Distribution

Create & move products where business and individuals need



Legal

Work at all levels from raw materials to retail to help with contracts, labor, patents, and more