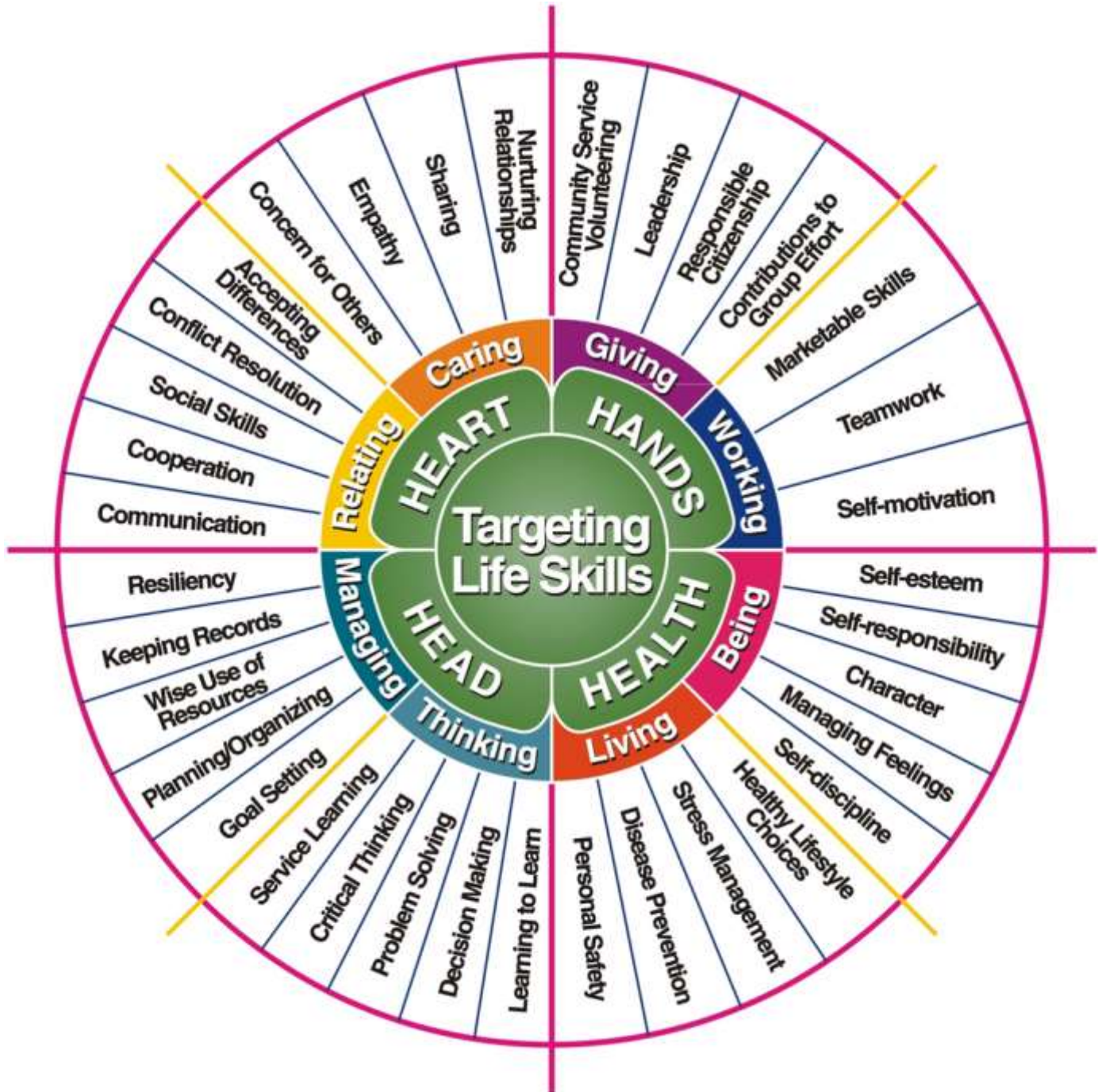


4-H TARGETING LIFE SKILLS MODEL

4-H programs and project work are designed to work towards developing life skills from the model below



4-H ESSENTIAL ELEMENTS

All 4-H programs should be focused on providing the 4 essential elements of 4-H. Those elements are:

BELONGING

- Positive relationships with a caring adult,
- An inclusive and safe environment

MASTERY

- Engagement in learning
- Opportunity for mastery

INDEPENDENCE

- Opportunity for self-determination

GENEROSITY

- Opportunity to value and practice service for others

THE EXPERIENTIAL LEARNING MODEL

4-H uses a “learn by doing” approach, built on the experiential learning model. In this model, coaches facilitate the learning process and let kids, do, reflect and apply.

