

# 4-H Foods and Nutrition

## Cultural and Ethnic Foods Unit 6

### Judging Sheet



Member Name: \_\_\_\_\_  
 County: \_\_\_\_\_  
 Jr. \_\_\_\_\_ Int. \_\_\_\_\_ Sr. \_\_\_\_\_ Yrs. in Project: \_\_\_\_\_

**Exhibit:** Completed Food and Nutrition e-Record, manual, and food product. Judges may use the back of the form for more comments.

**Judging Element 1:** 4-H e-Record: Complete means that everything has been filled out. Not complete means that there is something missing and needs a comment as to what is missing or why it is not complete. Project will be evaluated on the quality of information completed in e-record and manual activities (50 percent) and quality of food product exhibit (50 percent).

American System Placing: (Check One)	
Champion	_____
Reserve Champion	_____
Placing 3-10	_____
Grand Champion	_____
Reserve Grand Champion	_____
Danish System Award: (Check One)	
(For County Use Only)	
Blue	_____
Red	_____
White	_____

Criteria	Complete	Not Complete			Comments
<b>E-Record</b>					
Record Cover					
4-H Projects taking this year					
What activities helped you learn the skills for the project? (workshops, project meetings, classes, contests, etc.)					
What Leadership Development experiences did you participate in?					
Citizenship/Community Service in 4-H					
Demonstration/Presentations/Speeches					
Expense Record					
Project Photos					
Story					
<b>Food and Nutrition Information</b>					
Manual Activity 1 –Page 11					
Manual Activity 2 –Page 12					
Manual Record Pages 13-14					
Manual Meal Report Pages 15-16					
Food prepared, location, number of times, special concerns					
Criteria	E	G	F	N/I	Comments
<b>Judging Element 3: 4-H Cultural &amp; Ethnic Foods Unit 6</b> N/I = Needs Improvement - must have comments					
General appearance					
Color					
Crust or outer covering					
Shape and volume					
Texture & crumb					
Consistency					
Tenderness					
Flavor					

E = Excellent    G = Good    F = Fair    N/I = Needs Improvement

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