

4-H Foods and Nutrition

Passport to Foreign Cooking Unit 35 Judging Sheet

American System Placing: (Check One)
Champion _____
Reserve Champion _____
Placing 3-10 _____
Grand Champion _____
Reserve Grand Champion _____

Danish System Award: (Check One)
 (For County Use Only)
Blue _____
Red _____
White _____

Member Name: _____

County: _____ Jr. _____ Int. _____ Sr. _____ Yrs. in Project: _____

Exhibit: Completed Food and Nutrition e-Record, notebook containing the following information and a food product:

1. Customs relating to food habits and foods sources
2. General information such as climate, geography, religion, etc.
3. Menus and recipes

Judges may use the back of the form for more comments.

Judging Element 1: 4-H e-Record: Complete means that everything has been filled out. Not complete means that there is something missing and needs a comment as to what is missing or why it is not complete. Project will be evaluated on the quality of information completed in e-record (25 percent) and quality of exhibit (75 percent).

Criteria	Complete	Not Complete			Comments
E-Record					
Record Cover					
4-H Projects taking this year					
What activities helped you learn the skills for the project? (workshops, project meetings, classes, contests, etc.)					
Citizenship/Community Service in 4-H					
Demonstrations/Presentations/Speeches					
Expense Record					
Project Photos					
Story					
Food and Nutrition Information					
Food prepared, location, number of times, special concerns					
Notebook Information					
Maximum of 10 pages of research and pictures on customs relating to food habits and food sources					
Maximum of 3 pages of other information about the country (i.e., climate, geography, political structure, religion, dress, etc.)					
Maximum of 5 pages of menus and recipes indicating nutritional balance of a traditional meal plus page 4 in the manual					
Criteria	E	G	F	N/I	Comments
Judging Element 3: 4-H Passport to Foreign Cooking Unit 35 N/I=Needs Improvement -must have comments					
General appearance					
Color					
Crust or outer covering					
Shape and volume					
Texture & Crumb					
Consistency					
Tenderness					
Flavor					