Anatomy of the Foot

Bones of the Foot

- Radius
- Carpus (carpal bones or wrist joint)
- Pisiform
- Metacarpus (metacarpal bones of the pastern)
- Proximal Phalanx (1st phalanx)
- Middle Phalanx (2nd phalanx)
- Distal Phalanx (3rd phalanx)

Pads and Phalanges

- Carpal Pad (stopper pad or carpal cushion)
- Metacarpal Pad (palmar pad)
- Outer Phalangeal Pad (5th toe, digit, or phalanx)
- Inner Phalangeal Pad (2nd toe, digit, or phalanx)
- Phalangeal Pad (4th toe, digit, or phalanx)

Dewclaw (1st toe)

Courtesy of Curriculum Materials Service, The Ohio State University.