

4-H Horse Treat Baking Kit Lesson Plan



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This horse treat baking kit class includes an ingredient kit, a horse puppet that was used for the trivia game and a printed recipe card for future reference for the youth. I used brown paper lunch bags to hold the baking ingredients and to make the puppet out of as well. For the oats, flour and vegetable oil we put those items in sandwich bags and for the oil double bag them to prevent leakage. The recipe cards and puppets are an optional item for your design methods. The recipe itself along with the link to the website I got it from is listed in this lesson plan as well.

All promotional items were made using the Canva design website. The flyers and recipe card are shown below as inserts after the cut-out template page. I have also created a how to video that walks you through the steps of this lesson plan and some snippets of the recorded session I did with my local 4-H members. The promo video link is also listed below.

For the Trivia game I used a design website called trivia maker and had the youth play the trivia game with their puppets while the treats baked. Please watch the how-to video for a visual explanation of this event. You can also see the template of my trivia game below.

Horse Kit Promo YouTube Video Link: https://youtu.be/N_e-e50PJPO

How-To Video YouTube Video Link: <https://youtu.be/x9BpjTQ9acA>

Trivia Link: <https://www.triviamaker.com/game-preview/?gm=GD20201027160382981631412>

Budget Information:

- Amounts of these items will depend on how many kits you plan to make
- I made 15 kits and the total for that from Walmart was \$35

Puppet Supplies:

- Large googly eyes
- Brown paper lunch sacks

- Cardstock cutout of the horse pieces/ scissors
- 4-H decorations (optional add-on)
- Hot Glue/Glue Stick (I found that the hot glue kept the puppets together longer than a regular glue stick)

Recipe Instructions: <https://www.saddlebox.net/homemade-horse-treats/> (ultimate horse cookie recipe)

- Ingredients
 - 1 carrot (complete carrots seem to work the best)
 - 1 apple (any type works)
 - ½ cup molasses or honey (honey was the option I used due to pricing and convenience)
 - 2 cups oats (make sure you get a type of quick oats)
 - ¾ cup flour
 - 1 tablespoon vegetable oil
 - 1 tablespoon water (this was not in the kits as youth should have access to it at home)
 - Sandwich bags are useful for separating recipe items in the kit bags
- Directions
 1. Preheat oven to 325 degrees
 2. Grate carrot and finely chop apple
 3. Mix together all ingredients and roll them into balls
 4. Place balls on greased baking sheet
 5. Bake for 30 mins until golden brown

Notes:

- Request members have adult supervision when working with the oven and with the cutting part of the recipe. Provide a home kitchen supply list of items not provided such as a baking sheet, whisk, spatula, mixing bowl, a tablespoon and access to an oven.

Picture of completed puppet:



Cut out template pieces shown below:



Recipe Card Example Image:

*This printed out does use a lot of ink so I have also attached a black and white copy as well.



4-H HORSE TREATS RECIPE



INGREDIENTS

- 1 Carrot
- 1 Apple
- 1/2 cup honey
- 2 cups oats
- 3/4 cup flour
- 1 tablespoon vegetable oil
- 1 tablespoon water



DIRECTIONS

1. Preheat oven to 325 degrees F
2. Grate carrot and finely chop apple
3. Mix together all ingredients and roll into balls
4. Place dough balls on greased baking sheet
5. Bake for 30 mins until golden brown

Completed Horse Cookies:



Class Flyer Insert:

Calling all 4-H Members!

Making @ Home Horse Treats

Register: Go to:

<https://horsetreats.eventbrite.com>

Kit P/U: Tuesday, Nov. 10th from 9 - 5 p.m.

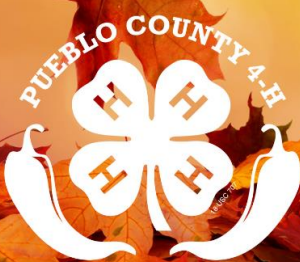
Zoom Baking Class: Friday, Nov. 13th @ 6 p.m.



How it works:



- Before you register, ask for adult supervision and access to a computer, an oven, and a few baking supplies- like a bowl, spoon, rolling pin, cookie cutter.
- Register on eventbrite to reserve a spot. Registration is limited to 15.
- Pick up your FREE horse treat baking kit on Nov. 10th between 9:00am -5:00 pm.
- Follow along on Zoom on Nov. 13th at 6:00 pm with Beth and make your own tasty horse treats. Play some horse trivia games while they bake in your oven.



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