



COLORADO STATE UNIVERSITY
EXTENSION

Outdoor Adventures

Project units are designed for members 8-18 years old.



Unit 1 - Hiking Trails

Inspiring youth to:

- Learn hiking essentials
- Learn how to plan a healthy hike
- Learn the "Leave No Trace" behind ethic
- Learn about finding shelter and observing nature

Unit 2 - Camping Adventures

Inspiring youth to:

- Learn about camping gear
- Learn to find the right camping spot
- Camping cuisine
- Learn how to care for nature

Unit 3 - Backpacking Expeditions

Inspiring youth to:

- Learn to plan a healthy and safe backpacking trip
- Apply the "Leave No Trace" ethic when backpacking
- Learn to find your way
- Train for your trip

Project Tips:

- Complete the manual with at least six activities each year
- Include your completed manual, additional materials such as drawings or attachments, and e-Record in a secure sturdy binder
- List the day, month, and year that activities were completed on page 4 of the manual
- Enter your project in the county fair
- Share information learned in talks and displays

Resources:

- Exhibit & Judging Requirements
- Record Books
- Manual Information

Located at: [Colorado4h.org](https://col.st/OWMJA)