

Outdoor Adventures

Project units are designed for members 8-18 years old.

Unit 1 - Hiking Trails Inspiring youth to:

- · Learn hiking essentials
- · Learn how to plan a healthy hike
- Learn the "Leave No Trace" behind ethic
- Learn about finding shelter and observing nature

Unit 2 - Camping Adventures Inspiring youth to:

- · Learn about camping gear
- Learn to find the right camping spot
- Camping cuisine
- Learn how to care for nature

Unit 3 - Backpacking Expeditions Inspiring youth to:

- Learn to plan a healthy and safe backpacking trip
- Apply the "Leave No Trace" ethic when backpacking
- Learn to find your way
- Train for your trip



Project Tips:

- Complete the manual with at least six activities each year
- Include your completed manual, additional materials such as drawings or attachments, and e-Record in a secure sturdy binder
- List the day, month, and year that activities were completed on page 4 of the manual
- Enter your project in the county fair
- Share information learned in talks and displays

Resources:

- Exhibit & Judging Requirements
- Record Books
- Manual Information

Located at: Colorado4h.org

Colorado State University, U.S Department of Agriculture and Colorado counties cooperating. To simplify technical terminology, trade names or products and equipment occasionally will be used. No endorsement of product names is intended nor is criticism implied of products not mentioned.

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