

## Heritage Arts

Project units are designed for members 8-18 years old.

### Crochet

#### Inspiring youth to:

- Create a crochet item that connects you to the past
- Unit 1 - Learn about the history of crochet, use single crochet stitch
- Unit 2 - Learn about yarn substitution, add half double, double, treble, or color work skills
- Unit 3 - Learn about blocking and finishing, utilize any stitch type
- Gain skills that might lead to a home-based business

### Knitting

#### Inspiring youth to:

- Create a knitted item that connects you to the past
- Unit 1 - Learn about the history of knitting, Stockinette and/or Garter stitch
- Unit 2 - Learn about yarn substitution, add lace, cable, or color work skills
- Unit 3 - Learn about blocking and finishing, utilize any stitch type
- Gain skills that might lead to a home-based business



### Fiber and Non-fiber

#### Inspiring youth to:

- Learn about the history of the fiber or non-fiber chosen
- Create an item that connects you to the past
- Learn about the historic influence that the fiber has had
- Gain skills that might lead to a home-based business

### Quilting

#### Inspiring youth to:

- Learn about the history of quilting
- Create a quilted item that connects you to the past
- Learn about the historic influence that quilted items have had
- Gain skills that might lead to a home-based business

# Heritage Arts

## Tips:

- Write a history of the craft you learned and a story of your personal experience in this project. References are required: Juniors (8-10) one or two references, Intermediates (11-13) two or three references, Seniors (14 and older) three or more references.
- All of the work must be done by the member, but you may have someone help you use the quilting machine.
- You are responsible for finding someone to teach you techniques that you are not familiar with such as a commercial businesses that offers classes or libraries and the internet.
- Intermediate and senior members are expected to include more skills and more difficult techniques than junior members.
- A small exhibit, done well, is better than a large project done poorly.
- Crochet and Knitting exhibits need to include the gauge that was used for the exhibit on the item and in the e-record.
- Quilting label should include the stitches per inch.
- Have fun with the 4-H story section of the e-record.



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EXTENSION**

## Resources:

- Exhibit & Judging Requirements
- Record Books
- Manual Information

Located at: [Colorado4h.org](http://Colorado4h.org)