Heritage Art units are Crochet, Knitting, Needle Arts, Quilting, Miscellaneous Fiber Arts and Miscellaneous Non-Fiber Arts. These projects are for youth ages 8-18. Members will accomplish the following learning experiences.

Crochet
- Learn about the history of crochet
- Create a crocheted item
- Learn about the historic influences that crochet has had
- Gain skills that might lead to a home-based business

Knitting
- Learn about the history of knitting
- Create a knitted item
- Learn about the historic influences that knitting has had
- Gain skills that might lead to a home-based business

Needle Arts
- Learn about the history of needle arts
- Create a needle arts item
- Learn about the historic influences that needle arts has had
- Gain skills that might lead to a home-based business

Miscellaneous Fiber Arts (Weaving, spun skeins, felted bags, batiked fabric, hooked pillows, Navaho rugs, Macrame, etc.)
- Learn about the history of the fiber art item you have chosen
- Create a quality fiber art item
- Learn about the historic influences that your fiber art has had
- Gain skills that might lead to a home-based business

Miscellaneous Non-Fiber Art (Native American beading, silver smithing, Ukrainian eggs, paper scrolling, wood carving, etc.)
- Learn about the history of the non-fiber art item you have chosen
- Create a quality non-fiber art item
- Learn about the historic influences that your non-fiber art has had
- Gain skills that might lead to a home-based business

Quilting (Units 1 & 2)
- Learn the history of quilting
- Learn basic quilting skills
- Create a quilted item
- Learn about the historic influence that quilting has had
- Gain skills that might lead to a home-based business
HERITAGE ARTS UNITS

Quilting (Units 3-5)

- Learn the history of quilting
- Learn more advanced skills in quilting
- Learn to design your own pattern pieces
- Create a quilted item
- Learn about the historic influences that quilting has had
- Gain skills that might lead to a home-based business

Heritage Arts Exhibit Requirements per unit (be sure to check current State Fair Exhibit Requirements for additional requirements):

- Crochet, Knitting, Needle Arts
  - One piece or set of up to three coordinated pieces illustrating skills learned. Needle Arts exhibits may be framed or mounted.
- Miscellaneous Fiber Arts
  - One piece or a set of up to three coordinated pieces, comprised of a minimum of 50 percent yarn/fabric illustrating skills learned. Can be ethnic-specific to a culture, country or region. (Example: weaving, spun skeins, felted bags, batiked fabric, hooked pillows, Navaho rug, etc.)
- Miscellaneous Non-Fiber Arts
  - One piece or set of up to three coordinated pieces, with no yarn or fabric, illustrating skills learned. Can be ethnic-specific to a culture, country or region. (Examples: Native American beading, silver smithing, Ukrainian eggs, paper scrolling, wood carving, etc.)

Quilting Unit 1

- One finished item illustrating what was learned. Items should include one of the following: simple pieced quilt, pillow sham, two placemats or table runner, wall hanging, or unlined bag.

Quilting Unit 2

- One finished quilt (minimum size 36” x 36” and no maximum size). Quilt should demonstrate at least three skills learned. (Examples: a quilt label, binding, block or other piecing learned in Unit 1 or 2, etc.)

Quilting Unit 3

- One finished item illustrating what was learned. Items should include one of the following: 1. One finished quilt (no minimum or maximum size). Quilt should demonstrate at least three skills learned. (Examples: a quilt label, binding, block or type of piecing or embellishment learned from Unit 3); 2. One finished sample quilt (no minimum or maximum size). Quilt should include at least three types of quits, or types of piecing, or block patterns, or ways to embellish, or any combination; 3. A set of up to three coordinated pieces illustrating at least three advanced skills. Exhibit items must be quilted. Exhibit items can be hand or machined quilted/stitched, tied or a combination if it fits the design of the quilt.

Quilting Unit 4

- One finished item illustrating the original design. Item can have traditional or artistic design. Items could include one of the following: 1. Quilt for bed, wall, table or other display (no minimum or maximum size); 2. Wearable garment.

Quilting Unit 5

- A topic presentation in the form of a notebook, portfolio, video, or PowerPoint (no display boards), summarizing knowledge and skills learned on an aspect of quilting. See current State Fair Requirements for more details of this exhibit.

Resources

- Quilting Quest CD MJ0710 Units 3-5
- Heritage Arts Tip Sheet  Heritage Arts e-record
- State Fair Exhibit Requirements

Colorado State University, U.S. Department of Agriculture and Colorado counties cooperating. Colorado State University Extension programs are available to all without discrimination. To simplify technical terminology, trade names or products and equipment occasionally will be used. No endorsement of product names is intended nor is criticism implied of products not mentioned.